# YAWP Anthology 2017

Session B - Tempe: 17 Submissions

West: 18 Submissions

Poly: 5 Submissions

We enjoyed having you at YAWP this summer.

Enjoy reading these.

Keep on Writing!!!

# **West Campus**

- 1. Beckham, Annika
- 2. Bergner, Mikaela
- 3. Cooley, Raina
- 4. Denetsosie-Gomez, Damon
- 5. Denetsosie-Gomez, Lejen
- 6. Esmas, Ephraim
- 7. Goulding, Laura
- 8. Hildago, Maya
- 9. Johnson, Emma
- 10. Kim, Taejun
- 11. Kim, Yeawon
- 12. Peddi, Sruti
- 13. Phillips, Marylou
- 14. Ryszkowski, Ava
- 15. Thevar, Vikram
- 16. Thomas, Julius
- 17. Vinck, Addison
- 18. Yang, Lorrin

# The Papers with Spells

1874, It was my birthday, A very joyous occasion for me. All the people I knew and loved were there. Captured firefly spirits hung as lights in trees, enchanted cow leather cut into circular shapes and filled with air, and colorful sheep fur used to package gifts. Everything enchanted with the magical gift my father was blessed with. He had been an extremely powerful wizard with plenty of knowledge on life, till he passed. He had often helped educate me. In was able to write with and pen and guill and able to read all the magical spells he had written down. I wish to one day that I could complete one of his spells, but that day will come when pigs are able to grow wings and fly. Church bells rang far from a distance. They rang once, in an hour, once again, for eleven times, in an hour, once midnight hits my special day will be over. I'll just be a normal bystander at a party. I stopped thinking about the thought. I didn't want to ruin the last hour of me being special. "Julianna, people have brought gifts." It was my mother. I walked over to the brightly decorated packages. Inside held objects worth money, or objects worth much more than money could buy. I tore open everything. Nothing made me feel special, nothing made me feel wanted. I glanced back at the church, the clock read 11:40. 20 more sweet minutes. Guest started to leave and at one point the forest was empty. It was just my mother and I. "Julianna, dear come here there's one more present". She held up a box wrapped with crème colored paper. I started to tear to tear it all off. The box contained paper. All different shaped and sizes. Some looked old and others looked recent. Spells all of them. In the corner of all the papers were the initials G.B. I traced my fingers over the letters. "Geoffrey Brickeden" My mother spoke. "My grandfather" I managed to choke out, still in awe I had his spells. The church bells rang, marking midnight. I woke up. 12:00 pm. June 9th, 2017. "Julianna lunch is ready, you have to get out of bed eventually"

HOPE ZOEY By: Mikaela BERGNER

HOPE IS NOTHING RARE

IT IS NOT BARE

HOPE IS THE HAIR ON A HARE

BUT NOW YOU KNOW I'M BEING FAIR

I CAN'T EXPLAIN

**HOW THIS FEELS** 

BUT SIMPLY DON'T COMPLAIN

AND GLIDE ON WHEELS

YOU GET HOPE

WHEN SOMETHING IS BAD

DON'T SAY NOPE

AND YOU WILL BE GLAD

I EXPERIENCED IT

FOR A LITTLE BIT

IT WAS ABOUT

SOMETHING I WAS WITHOUT

I CRIED AND CRIED

**BUT NOT FOR LONG** 

I SORT OF LIED

BUT MOM SANG ME A SONG

I FINALLY BELIEVED

THAT THERE WAS HOPE

THAT'S WHAT I ACHIEVED

WHEN I HELD ONTO THE ROPE

A DOVE GLIDING IN THE SKY
EVERYONE KNOWS IT CAN FLY
AND JUST LIKE IN HOPE
YOU SHOULDN'T MOPE

# Senpaius treeus

By RAINA Cooley

It was an average day for me, Raina. My job was to discover new species of things. Plants, animals, you name it, I'll find it. This time, my mission was to find a new species of tree in Japan. I wondered where and how I'd find it.

Suddenly my stomach growled, announcing my lateness to lunch. I checked my watch. 12:48. So I gave in to my hunger and stopped at a local otaku café for a Shinigami-sama latte. As I sipped my drink, I thought where I'd visit next in search of the tree. 'Maybe Tokyo Gardens?' That was a good idea. I left the café and got into a cab. We drove to Tokyo Gardens, where I began my fruitful search for the tree.

The cab screeched as it drove away behind me. 'Well, here goes nothing!' I thought as I walked into the bramble. Tokyo gardens was pretty, but amongst all the trees, not one of them as what I was looking for. Just as I was about to give up, my eagle eyes spotted a path I hadn't noticed before. This path was lined with Japanese cherry blossom trees, the flowers caught in my hair as I strolled along. The path was longer than I'd expected it to be, and I felt my legs tiring.

What if this was pointless? What if I failed at finding the tree? Maybe someone else would find it before me! I could lose my job! Or worse, my good reputation!

Worries raced through my mind but were abruptly halted. There was a small group of trees that I'd never seen before! Maybe, just maybe, my search would finally be over! I ran excitedly over to the group of trees,

startling a boy sitting next to one of them. I chuckled as he walked away. Hey, that kid looked like senpai! The tree was average looking, with red fluffy flowers scattered about the leaves, and little purple berries were attached to many of the flowers

It turned out the trees were a new species! Found by Raina Cooley, I could already imagine the website saying. And I already had the perfect name for the tree! After the boy, I'd name it senpaius treeus!

#### A Riddo

I once met a Riddo. Named Reedson. A riddo is a bird person. They are half person half bird. They live on Riddo mountain, in the middle of the Highland Grasslands.

Reedson, told me about him. He likes flying, which I found obvious since he is a bird. He likes trying to help, Hilyiins. The end....

By: DAMON Denetsosie-GOMEZ

# BY LEJEN DENETSOSIE-GOMEZ

AGNIHM

An evil priest of the royal family

BOLSON CONSTRUCTION CO.

A construction business

CHU-CHU

A small blue blob

DIN

The goddess of power

ELECTRIC KEESE

An electric powered keese

FAROE

The goddess of courage

GOHT

A giant mechanical goat

HINOX

**Giant Cyclopes** 

ICE KEESE

Ice powered keese

JABU-JABU

A giant fish god

KEESE

A bat like creature

LINK

The hero of lime

MOLDORM

A giant worm like creature

NAYRU

The goddess of wisdom

OCTOROC

An octopus like creature

PHANTOM GANON

A phantom form of ganon

QUAIL

A bird

RAURU THE SAGE OF LIGHT

The sage of light

SKULL KID

An imp who came in possession of majoras mask

THE HELMAROC KING

A giant bird who wears a mask

ULI

A person

VATI

The wind mage

WIND WAKER

A magical baton that can control the winds

X-SHAPED CRYSTAL

An x-shaped crystal

YETA

A yeti

ZELDA

The princes of hyrule

# ~ The Veloki ~

#### By EJ Esmas

Its name used to instill fear in armies and peasants alike: Veloki.

It had a unique ability – invulnerability to outside attacks. Add a penchant for humans and the tendency to attack only at night and you have something that'll give the mightiest general a tremor.

Its main diet consisted of various fish and animals as big as or smaller than a horse — *including humans.* Its stomach can also break down a quantity of fruits for nutrient consumption.

The Veloki originated in Europe during the medieval ages, in one of the many swamps — but the exact swamp unknown. Due to where it originated, it is known to love water and hate sunlight.

The Veloki is incredibly intelligent and is able to sense traps and avoid or destroy them. The Veloki's only weakness is the potato, its *deathly* allergy. It also stays away from durians. The Veloki is known as a bad omen and the harbinger of storms, rising waters, and death.

Its appearance is unique compared to animals all over the world. Its legs are long and muscular, used for firmly gripping onto mud or wet earth. The creature lacks forearms, so the tail is long to keep it from toppling over while running. Its elongated body is slightly sloped downwards. On its head are two webbed frills, similar to a crocodilian's feet.

It weighs in at around 300 kilograms, and its top speed is somewhere around 64 kilometers an hour, or 40 miles an hour – faster than a human.



# Prologue

# By Laura Goulding

Celadon Brightly.

An unsuspecting, life changing name.

Rowan Price.

A simple name, also unsuspecting, but not life changing. I had no idea what was going to happen to me, Rowan Price, come junior year in high school.

Philophobia.

Fear of love or forming emotional attachments. Usually caused by emotional turmoil relating to love in the past. I have two emotional relationships. They terrify me. My mother, Danielle Price, who is hard not to love, because she is my mother. Dexter, my cat, is also hard not to love.

Haphephobia.

Fear of touching or being touched by another living thing. Usually developed after a "bad experience". My "bad experience" was my father, who thankfully isn't in my life anymore. Dexter helps me with this fear. I was recommended to get a pet by my therapist. She said he would help me overcome my fear of being touched.

Both of these fears are life altering. I'm home schooled, so I don't have any friends. This will change.

# Chapter 1

"Rowan, I'm leaving for work!" my mother yelled, sprinting out the door.

"Okay," I heard the door to our apartment slam, "don't slam the door," I whispered as an afterthought.

My online classes would start in a week, so I didn't have anything to do. Dexter slunk into my room my room, leaping onto my bed, he purred as I scratched behind his ears.

The rest of the day was entirely uneventful. My mother finally came home at four o'clock in the evening.

Once she changed out of her work clothes she started cooking. My mother loved to cook. It was her favorite pass time other than serving justice in the courtroom. Once I started to

smell dinner, I walked into the kitchen to see what she was cooking. She was cooking kimchijjigae.

My mother noticed I was watching her cook. I was beginning to get suspicious that she had bad news when she tossed me a bag of plantain chips.

"Okay mom, what's the deal?" I asked.

My mother brought the pot of jjigae to the table and slipped off her oven mitts. She started ladling the jjigae into separate bowls. She passed a bowl to me along with a spoon.

"What's the bad news?" I asked again.

She took her time answering. Calmly slurping her stew. "Eat before it gets cold," She avoided the question.

We sat there eating in silence before she finally answered my question, "I have enrolled you at Clearwater High school"

I nearly fainted on the spot. "You what?" I dropped my spoon in my jjigae, "I can't go to school! I'll have mental breakdowns in the hallways."

"Your therapist said it would help you," my mother said stirring her jjigae, not making eye contact. "You start in four days, we need to go back to school shopping."

The next day we went shopping at target, at night. There were less people at night. First we went to the clothes section. Clothes shopping was hard with my mother. I preferred baggy clothes while she liked tight tank tops and short shorts. We ended up going with my preferences because of the dress code at Clearwater.

Then we pushed the cart over to the school supplies section to get binders, folders, pencils, pens, whiteboard markers, flashcards, paper, so much paper.

After back to school shopping we organized everything and went to bed.

# Equality

#### By Maya Hildago

I want people that differ from you and me to be able to walk down the street in peace.

I want what people that we call "different" to not be expected to be normal,

I want it so the "different" people don't have to tell us they're different, not that we'd care anyway.

I want "different" people to feel safe, feel accepted and appreciated

I don't want people saying that being different isn't ok, simply because they feel that their simplistic life is the only way to live

I want simple people to not view people that differ to them as different.

And when I said "different people" You thought of a certain people, didn't you?

You thought of people of different race, religion, sexuality, maybe even gender.

You thought of what people now call "snowflakes".

Maybe you even thought of people you'd say are just "politically correct"

You thought of people you'd have to explain your kids to.

But why would you have to explain them to your kids? Because perhaps you raised your kids viewing something that you see rather commonly as normal.

Maybe you raised your kids to view the few the 89.3 percent of the population as normal, as something you'd see every day.

And because of that, you feel the need to explain the other 10.7 percent to them.

Or maybe it's because your kids were raised watching movies where it's always the prince and the princess.

2016 had the first few movies based for children that showed openly "different" people.

It took people a good while to show something that was once considered "taboo" years and years ago.

Even after same-sex marriage was legalized in 2015.

Even after the horrific event that took place one year and four days ago.

And we still view these people as "different"

I want to fight for that.

I want to be famous for making a change. I want common equality.

#### HATE BY EMMA JOHNSON

Hate infatuates the mind, swimming in the briny depths. Slithering with its brethren, a sickly, slimy eel.

Like cayenne pepper it smells. A stingy, spicey taste-Blazing like a burning flame, it grows and won't fade away

As it spreads like wild-fire, and burns all around, leaving scorch marks that cannot be healed. A scar to last forever

It eats and gnaws and kills you slow till death is close, and time is still. It perches like a seeking hawk.

Swooping down; stinging like a scorpion, A calming cure needed to deflect its venom. Yet soon it dies away, waiting to arise again another day.

# FAMOUS POEM

The light is famous to the dark for it is easy to see

The clock is famous to the time for it tells its story

The bone is famous to the dog when it chews its chewy meat

The ink is famous to the pen for it aids in expressing thoughts

The wool is famous to the sheep for the clothes it provides

The fish is famous to the in the water cause of its color and shape

I wish to be famous on the soccer field using my fast feet

I wish to be famous for how nice I can be saying thank you and you're welcome

I wish to be famous for my writing funny and true

I wish to be famous for who I am how nice funny and smart I can be

The bookmark is famous to the book for it is all it sees

The water is famous in the water bottle for it is what it holds

The food is famous to the mouth for it tastes so good

I am famous for how kind I am



# ODE TO KOBE

#### YEAWON KIM

You trotted into my room Your pants and drool woke me up

I love your awkward moments

Like when you run into the screen door Causing me to laugh and shout

> Kobe you're the best Always comforting me Always looking out for me Always protecting me

Kobe your actions amaze me Like a magician amazes a crowd

Your silliness amuses me Like a clown amuses children

Kobe, how can I live without you?

Your creamy, white, fur
That I long to grasp and pet
Your innocent wet nose
That I long to touch
And you, Kobe
Who I long to see and cherish

You're my inspiration My whole life And, you're my dog

Oh Kobe My sweet, adorable, awkward Kobe.

# By: Sruti Peddi

or Artemis Fowl by Eoin Colfer - The bestselling book about Artemis Fowl, a 12 year old genius who is secretly a criminal mastermind. But he doesn't know what he takes on when he kidnaps the fairy Holly Short.

B for <u>Beowulf</u> by an anonymous author - Recognized as the first English epic poem in the world, Beowulf is both a valuable historic and literary piece. It tells the story of a brave and strong warrior set in pagan time who fights monsters and makes his way to becoming a king.

for <u>Charlie and the Chocolate Factory</u> by Roald Dahl - Charlie has always loved chocolate, but his family is too poor to afford it. When he wins a free trip to Willy Wonka's chocolate factory after finding the last golden ticket, he's ready for an adventure of a lifetime.

for <u>Divergent</u> by Veronica Roth - "Tris" Prior's home is in futuristic Chicago, where life is divided into 5 factions: Erudite, the intelligent, Dauntless, the brave, Abnegation, the selfless, Candor the honest, and Amity the peaceful.

E for <u>Ella Enchanted</u> by Gail Carson Levine - The Newbery Honor award-winning book that retells Cinderella with unique elements and a more developed plot line.

For <u>Fantastic Beasts and Where to Find Them</u> by J.K. Rowling - Renowned wizard Newt Scamander combines his knowledge about the Wizarding World's strange, elusive, and magical mystery in one book!

for <u>The Giver</u> by Lois Lowry - In this popular dystopian novel, Jonas lives in a seemingly orderly and utopian community. But after the Ceremony of 12, when a new generation receives their careers until they are Old, Jonas uncovers the secrets and lies his community holds.

of Harry Potter - The international best-selling series that took the world by storm centers on Harry Potter, a young orphan who leads a miserable life. When he discovers he's a wizard, Harry is delighted to attend Hogwarts School for Witchcraft and Wizardry. Adventure and danger awaits for him, as he gets closer to fulfilling his destiny, to defeat the person who killed his parents and many others

for <u>I am Malala</u> by Malala Yousafzai - The heroic story of a girl who stood up to the Taliban over basic rights and eventually goes on to become the youngest person to win the Nobel Peace Prize, among other awards.

for <u>Jane Eyre</u> by Charlotte Bronte - In this highly acclaimed novel a girl called Jane Eyre navigates her challenging in the early 1800's, from an abused child to a confident young woman.

for <u>Kingdom Keepers</u> by Ridley Pearson - The bestselling series about 5 teens who are Disney holograms by day and warriors who battle Disney Villains in the night to stop them from taking over the whole world.

Land of Stories by Chris Colfer - Alex and Conner Bailey live ordinary lives until they unwittingly fall into the fairy-tale world, where both good and evil clash.

of Mysterious Benedict Society by Trenton Lee Stewart – The series of 4 gifted children who form the Mysterious benedict Society and go on a mission to investigate and eventually stop a sinister plot going on in L.I.V.E., a "prestigious" school.

for <u>Nancy Drew Mysteries</u> by Carolyn Keene (pen name for the authors who wrote the book) – the original series of our favorite amateur sleuth, Nancy Drew!

for Oliver Twist by Charles Dickens – the noted novel of the orphan Oliver Twist who works from an early age until he is sold into an undertaker's service. Soon he escapes and meets a gang of juvenile criminals. Eventually the criminals are sent to jail, more or less, and Oliver finally settles down with a proper guardian.

Pfor <u>Percy Jackson and the Olympians</u> by Rick Riordan – The hit series based on Greek mythology. It centers on the life of Percy Jackson, a demigod, and his quests to save Camp-Half Blood and stop Kronos from resurrecting and taking over the world.

for Quidditch through the Ages by J.K. Rowling – Everything you need to know about the most famous wizarding sport there ever was! Great for learning some basic technique of if you just wanted to brush up on your history.

For Romeo and Juliet by William Shakespeare – The iconic tragedy about two young lovers from rival families. Their eventual death humbles the families and they make peace.

S for The Secret Garden by Frances Hodgson Burnett – The riveting classic about a sickly and disagreeable orphaned girl who's sent to her uncle's manor. She soon discovers a hidden garden, as well as the other secrets the mansion holds.

for <u>The Tales of Beedle the Bard</u> by J.K. Rowling – Famous for its morals and lessons, The Tales of Beedle the Bard is known to young wizards everywhere. Now even muggles like you can enjoy it.

on a little "duckling" who is bullied and ridiculed for his looks. Eventually when he grows up, he discovers he is a lovely swan. It teaches that true beauty shines from the inside.

for <u>The Vampire Diaries</u> by various authors – The series that spawned the hit T.V. show off the same name. It's about Elena Gilbert, a high school girl, who's heart is torn between two vampire brothers, Stefan and Damon Salvatore.

for <u>A Wrinkle in Time</u> by Madeleine L'Engle – This award-winning book is about a young girl named Meg whose father has been missing for a long time. When she meets three otherworldly beings, Mrs. Who, Mrs. Whatsit, and Mrs. What, they whisk her off on an adventure along with her brother and their new friend to rescue Meg's father.

 $\mathcal{X}$  for <u>The X-Men</u> by Marvel Comics - The popular comic series on mutated heroes who fight evil to protect the world.

for The Yeti by Rick Chesler and Jack Douglas - After his wife's death, professor Dr. Zack Hitchens decides to fulfill his wife's wishes in climbing Mt. Everest. On the journey, Zack and his teammates battle sickness, oxygen deprivation, avalanches, and something else. Something □ abominable.

Z for <u>The Zookeeper's Wife</u> by Diane Ackerman - The true story of how Antonina Zabinski, and how she and her husband, Jan Zabinski, director of the local zoo, saved the lives of over 300 jews after the Nazi invaded Poland.

# Famous

## By: Marylou Phillips

Cupid's arrow is famous to his bow

The brush is famous to color

Which sweeps and strokes it

Without its permission

The fish are famous to water

Which flows across their shimmering scales

Love is renowned to the heart

The way the feelings you carry with your thoughts

Are famous to your inner being

The heat is famous to the desert

More famous than water

Which is famous only to those fortunate

Pages of words are famous to the one that writes

Not who reads

I want to be famous to love and faith

Which embraces the heart in warmth

Known to change and newness

Famous to those filled with hope

I want to be famous in the way ink is to paper

Or a fisherman to the sea, not spoiled or greedy

But to make a difference

## ~Ode to Earbuds by Ava Ryszkowski~

Bought from Hot Topic,

Like a key to a locket,

The locket of my heart,

Which is cold and dark.

As soon as I stepped out of the car,

I started listening to every bar,

Of the sweet, sweet music.

The music keeps me sane,

When my energy would begin to wane.

But the music brought a curse,

My frozen heart just got worse.

Music made my soul joyous.

Without, my soul is boreous.

I only desired the music.

Earbuds in. Reality out.

The flood of music stopped the drought.

And drowning in the flood was secure and warm.

From a world of words with harm.

They scold me because I'm "not listening,"

To their cruel belittling.

It is medicine, the music.





# Famous

By: VIKRAM THEVAR

Wilt is famous for the records
Which are meant to be broken

The referee is famous for the calls Which cause much controversy

The ball is famous to the net When the shot is up in the air

I want to be famous to ESPN Who talk about the greats

I want to be famous for the sound
Of nothing but net

The buzzer is famous to the fans Where all the fun ends and a winner is chosen

# The Lost Dog

by Julius Thomks

Hi my name is Meh the zombie nerd. I know everything math, science, magic, and geography. Anyway I am trying to find my zombie nerd dog Bolt. I named Bolt because he is slow and I want him

to be faster. I am handing out flyers. People are looking at me creepily probably because I am a zombie nerd. I am searching the whole town. I walk slowly to the next town. Nobody has seen him there either. I sigh, I am never going to find him. But I am

not giving up! I walk hopefully but slowly to the next. One of the cowboys said that

nasty little thing went that way. I come to a cabin. I knock on the door it creaks open

It's the sheriff. Do you have my dog? I ask. He says yes. I say can I have him? He says no. I ask why do you want my dog. He says he is very rare. Well he is my dog. If you want him we will have to duel he syas. I agree. He gives me a wand. We go to the middle of the town. He waits for me, we walk towards wach other. We bow and my heads falls off. Meh. I watch my headless body walk back to its position. 1, 2,3 go. A green beam came out of my headless wand and a red beam comes from the sheriffs' wand. They connect with this golden orb. My headless body sends another curse, and the sheriff tries to disarm me. I struggle to over power him, and I throw the golden orb to his wand, and he explodes. Everybody gasps. Meh. I am amazed that I did it. Bolt runs to me, but he takes twenty minutes. He and I live happily ever after.

# By: ADDISON VINCK

#### A Aquamarine

The color of the mermaid tail that gives the color to the water

B Boat

Allows travel across the rippling sea

C Coral

Beautiful plants that are identical, individual, and home to reefs

D Dock

A long pathway to paradise with water on both your sides

E Eel

A sneaky, slimy, electrifying, water snake that will sneak up on you and attack!

F Fish

Colorful creatures everywhere in the ocean

- G Grain of sand

  The millions of grains of sand that make up land for the beach
- H High Tide

When the sun sets the tide moves in

Island

A secret land surrounded by crashing waves

J Jellyfish

Sea creatures that flow loosely in the water

K Kelp

Like seaweed but softer

L Lifeguard

will save you when you are drowning and approaching your death

M Magical

The mystical sea of the world contains more things than we know or can imagine

N Narwhal

An artic animal with a unicorn horn

O Ocean

A mast body of water that can swallow you whole

Paddle board

Floating on a surf board in a bay

Quick water currents

Sweep under your feet and drag you out farther and farther

R Reef

where fish and coral live with beautiful plants and the clearest water you could ever see

- Scuba dive

  Exploring the beautiful creations of the ocean
- Tsunamí

  Water washing over your city till nothing is left
- U umbrella

  Shady times c'mon! Gives block from the sun on a sunny beach

#### Vacation!

Go on vacation to a faraway land to get away from reality.

#### W wave

A body of water washing over You until you are crushed by the gust of water.

X Xíphosuran

An ancient fossil

Y Yacht

A large boat to relax on

Z Zorís

Japanese flip flops to walk along the shore leaving footprints

### GYMMASTICS A-Z By Lorrin YANG

- A-Aerial an aerial s an armless cartwheel, in order to do an aerial you need to have enough momentum to kick over the second leg.
- B-Backbend- a backbend is like bridge, but you start standing up and bending your back and head, keeping your arms above you, so you can catch yourself, you want to make sure your arms are straight and locked out.
- C-cartwheel- a cartwheel is like an ariel, but you start standing up and you set your hands down and kick over one leg at a time.
- D- Dive roll- A dive roll is a somersault, but you dive into the ground catching yourself with your hands so your head doesn't hit the ground and roll.
- E-Elbow stand- an elbow stand is a hand stand, but on your elbows, make sure you squeeze your bottom, stomach, legs, and ankles.
- F-flip- there are many types of flips including, but not limited to: Backhandspring, back tuck, front tuck, full.
- GI-gymnastics-gymnastics is a sport and art that makes you trust yourself and is athletic and fun to do.
- IH-handstand- a handstand is an elbow stand but on your hands. You put your hands on the ground and then you kick your legs up and lock out your legs and arms. Make sure to squeeze to hold that position.
- |-International-an international tournament or the Olympics for gymnasts can be intense and there is a lot of pressure for gymnasts to get the gold.
- -Judge-a judge is the person or a group of people who will watch routines and then judge on their final score for each event.
- $\mathbb{K}$ -Kick-a kick where you stand on your two legs and you kick one of your legs as high as it can go.
- IL-Leap-a leap comes in different varieties of leaps, but they all have one thing in common, you start in one area and end in another.
- M-Meet-a meet is where they have yearly to have gymnasts do routines to see if they do routines to see if the gymnasts move onto the next level or will remain.
- M-needle-a needle is when you start in standing up position and you put your arms down and you your leg up at the same time.
- O-original-an original is when people choreograph dances for students or professional dancers while others are improved and made by the students or the dancers.
- P-Passion-Passion is when you do something that you love to to. Passion is also how much quality you put in your final performance.

- Q-quality-quality is how much effort your routines and even if you try but don't get it, you can have a positive impact on people.
- $\mathbb{R}$ -Requirements-Requirements is what you need to accomplish and what your level needs to see from you before you move onto the next level.
- 5-Scores-Scores is what you get after every event you do then at the end they add up all of your scores to get your final.
- II-Turn-a turn is when you are on the beam or the floor skill. You start by turning around to the back and then back to the front to make a circle and you do this in one motion. Make sure to squeeze your bottom, leg that you are standing on, stomach and keep a good grip to connect your pekie to your leg.
- U-uneven Bars-the uneven bars is an event where the gymnasts will do a routine and the gymnasts will get judged.
- V-vault vault is an event where you run and then you jump onto a spring board and you land or you do a trick at the end.
- Will-warm ups-warm ups and stretches is to help the gymnasts stretch their muscles and to help them not get injured.
- ¥-Yurchenko loop-the yurchenko loop is a skill on the beam, you stand sideways, dive backwards into a back hand spring, a back hip circle and ends in a front support position resting on the hands.
- Z-zero- If a gymnast receives the score on zero they did not perform any critical gymnastics skills and can not progress to the next level.